

SUMMER SCHOOL AT GLYDE-IN

Monday 12 to Sunday 25 January 2026

42 Glyde Street, East Fremantle, WA 6158

Glyde-In Community Learning Centre is a not for profit organisation that offers courses and activities that are informal, non-competitive and open to everyone. The centre is generously supported by the Town of East Fremantle.



Activities are open to all, membership is not required for Summer School.

However concession eligibility applies to current Glyde-In members only who have a Centrelink pension/health card or a DVA gold card (not senior HCC).

To book phone 9339 3964, pop in, or book online at www.glydein.org.au/programme

Minimum numbers apply to each course

Weekend and evening activities are marked with a coloured star

SPEAKERS UNLIMITED

REUNITING REFUGEE FAMILIES

Mary Anne Kenny

Tuesday 13 January, 10 - 11am

Hear about some of the difficulties refugees can face from a legal and policy perspective when trying to reunite with their family members, and about some of the simple changes needed so that these families can be together again. Mary Anne is an Associate Professor of Law at Murdoch University and a practising lawyer, who has worked with refugees for over 30 years.

\$14 / \$11 member conc.

SS1

MY GAME FARM IN SOUTH AFRICA

Dave Howcroft

Thursday 15 January, 10 - 11am

Join Dave for the story of Buffelsdrift, his game farm in South Africa. Purchased as a cattle farm in 1993 and converted into a conservancy for wild animals, hear about ways this is managed and his experience of living amongst free roaming animals, from meerkats to rhinos.

\$14 / \$11 member conc.

SS3

A SHORT WALK IN THE DESERT WITH CAMELS

Jane Cousins

Wednesday 14 January, 10 - 11am

It is the world's largest sand desert, featuring the planet's longest parallel dunes. A place of extreme temperatures and, despite its arid environment, home to a diverse range of flora and fauna, with a rich Aboriginal heritage. After significant rainfall its swales and dunes transform into a carpet of wildflowers, rich with all forms of life. Join Jane as she travels by foot in the Simpson Desert, supported by camels, to experience its floral bounty and remarkable ecology following heavy rains in winter 2025.

\$14 / \$11 member conc.

SS2

REMEMBERING LOST FISHERMEN

James Paratore

Friday 16 January, 2 - 3pm

James Paratore is a 5th generation fisherman, keen to preserve the stories of the WA fishing industry. He leads a small team of dedicated volunteers who research, document and collate the lives of all WA commercial fishers who have been lost at sea. Their ultimate aim is to build a sea organ memorial in Fremantle to recognise these tragedies as a final resting place for those who died.

\$14 / \$11 member conc.

SS4

SPEAKERS UNLIMITED

BOOTS IN THE DIRT, FOOD ON THE PLATE SS5

Tracey Cotterell

Monday 19 January, 9.30 - 10.30am

Western Australia produces some of the most extraordinary food in the world - but how much do we really know about what's on our plates? Drawing on her experience running immersive food tours across the state, Tracey will take us behind the farm gate and into the kitchens, orchards and paddocks that shape WA's food future. Hear real stories of resilience, innovation and flavour from farmers, producers and food makers, and gain a deeper understanding of how WA's food system works, why it matters, and how small, curious choices as consumers can help shape a more secure and delicious future for us all.

\$14 / \$11 member conc.

JAPAN AND HAIKU SS6

Lorna Kaino

Tuesday 20 January, 11am - 12pm

Have you been to Japan recently or know people who have? Was it an opportunity to get a deeper understanding of Japanese culture? From her recently published book *Travels with Haiku*, Lorna will refer to haiku (17 syllable Japanese verse) and stories that reflect cultures in regional Japan. Hear why she believes these cultures are more accessible in the less crowded cities and towns of regional Japan.

\$14 / \$11 member conc.

EMPTY WALLETS AND BROKEN HEARTS SS7

Natalie Gately

Wednesday 21 January, 10 - 11am

Think romance scams are only for the gullible? Think again! Older adults are usually the target for these scams and scammers take a lot of time and care to 'court' a person before ever asking for help or money. Recent cases domestically and internationally highlight the devious games played to get money. Natalie will discuss the methods people use and the impact on victims.

\$14 / \$11 member conc.

EPISODES IN THE HISTORY OF GREENLAND SS8

David Robinson

Saturday 24 January, 2 - 3pm

With a tiny population, at the edge of the world, the inhospitable ice-sheets of Greenland are often beyond most people's thoughts. This year, Greenland has been thrust into the popular consciousness due to the particular interest of the current American President in annexing the territory to the United States. In an attempt to understand the context of current events, historian David has engaged in a research journey to understand more about Greenland, its people and its history, and in doing so found stories of Greenland's past as dramatic as its landscape. These episodes from Greenland's history will shed some light on the deep history of Greenland's relationship with the world, and perhaps its future direction. If you missed this talk earlier in the year, here's your chance!

\$14 / \$11 member conc.

NOT SO TRIVIAL PURSUITS

JOY OF PERFORMING

Sharon Wayland

Saturday 17 January, 2 - 3.30pm

SS9

OR

Saturday 24 January, 2 - 3.30pm

SS10

A light-hearted and supportive group approach to storytelling and character work through improvisation games and activities. No previous improv experience necessary, just a willingness to have fun! Sharon is a retired English teacher and amateur theatre director who has run improv sessions for U3A and local amateur theatre groups in Devon. Enrol in one or both sessions, fee is per session.

\$15 / \$12 member conc.

ADVENTURES IN CLASSICS

Ruperto Nunez

Intro to Latin - 4 sessions: Tuesday 13 & 20, Thursday

15 & 22 January, 1 - 2pm

SS11

Intro to Greek - 4 sessions: Tuesday 13 & 20, Thursday

15 & 22 January, 2 - 3pm

SS12

You have probably heard that Latin and Ancient Greek are horribly hard to learn. Ruperto would like to show you that, at least in the beginning, they can be clear and easy to learn. An invitation to take the plunge and see how interesting and fascinating these languages and associated cultures can be! Enrol in one or both.

\$48 / \$39 member conc. per series

MINDFULNESS MEDITATION

SS13

Margaret Wilkes

3 sessions: Monday 12, Wednesday 14

& Tuesday 20 January, 9 - 10am

Start the new year with a gift to yourself. Learn some calming mindfulness practice and discover ways to create a quiet space in a hectic world and become more present in your everyday life.

\$36 / \$30 member conc.

TAI CHI IN THE PARK

SS14

Ruperto Nunez

6 sessions: Monday 12 & 19, Wednesday 14 & 21,

Friday 16 & 23 January, 9 - 10am

Experience this gentle form of exercise that can help maintain strength, flexibility and balance. Movements are designed to increase the strength and flow of your internal energy. Tai chi involves the practice of mind and body coordination which assists in all aspects of daily life. Suitable for complete beginners.

\$72 / \$58 member conc.

YOGA DAILY FOR 5 DAYS - GENERAL (HATHA) SS15

Uwe Oswald

5 sessions: Monday to Friday, 12 - 16 January,

5 - 6.15pm

All ages and all levels welcome. Suitable for anyone who can move from standing to floor with relative ease. Reduce stress and tension and learn simple techniques to take home. Wear a smile and loose comfy clothing.

\$75 / \$60 member conc.

MIND & BODY

YOGA DAILY FOR 5 DAYS - RESTORATIVE SS16
Uwe Oswald
5 sessions: Monday to Friday, 19 - 23 January, 5 - 6.15pm

Regenerate. For those who want to experience deep relaxation with the aid of yoga postures. No experience necessary.

\$75 / \$60 member conc.

INTRO TO FELDENKRAIS SS17
Tanja de Langen
Friday 23 January, 9.30 - 11.30am

Would you like to try Feldenkrais and see how it can be of benefit to you? Join Tanja, an experienced Feldenkrais practitioner, to learn more about this system of movement re-education. (For a brief summary of Feldenkrais check out: What is Feldenkrais Awareness Through Movement 2022 Updated on Youtube) You'll need to be able to get onto the floor and up again, otherwise suitable for any ability level. Wear loose comfy clothing.

\$25 / \$20 member conc.

SOUND HEALING AND MEDITATION SS18
Sian Brown
Sunday 25 January, 2 - 4pm

In the ancient practise of sound healing, the sound frequencies slow down brain waves to a deeply restorative state, and this activates the body's system of self-healing. Harmonious tones wash over you in this deeply rejuvenating and soothing experience. Enter a meditative sound bath of crystal singing bowls and gongs, with operatically trained sound healer Sian Brown. Enjoy from a chair or on a yoga mat.

\$25 / \$20 member conc.

NOCTURNAL WILDLIFE STALK
Eileen Burns
Wednesday 14 January, 6.30 - 9.30pm SS19
OR

Wednesday 21 January, 6.30 - 9.30pm SS20

Grab your torch and join WA Wildlife for a thrilling after-dark wildlife adventure. We'll start with an intro and light supper (included) and then head out to the bushland for our night stalk. This will be an immersive journey combining history, wildlife, and the beauty of the night sky. Discover the secret lives of our night-time creatures - from possums and quendas, to bats, frogs, snakes, spiders and even tawny frogmouths.

Wear appropriate clothes for a bush walk including flat closed in shoes as the crushed limestone path can be uneven in places. The night walk will take 1.5 - 2 hours. Wildlife guides will have red light torches for spotting wildlife but you are also welcome to bring a torch if you like.

Meet at 6.30pm at WA Wildlife Centre, Bibra Lake, 172 Hope Road, Bibra Lake. Free parking available.

Book by 2 January.

\$38 / \$38 member conc

OUT 'n ABOUT

LAWN BOWLS AND DINNER SS21
Friday 16 January, 4.45 - 8.30pm

Meet there. Join us for a wonderful summer evening of lawn bowls at the East Fremantle Community Park. We will receive tuition from bowling club members, so no previous experience required. We'll bowl for approximately 2 hours and then have dinner at Carnaby's café from 7.15pm (at own expense). A great chance to view East Fremantle's new facilities and also have fun learning a new skill on a summer's evening. Meet outside Carnaby's café, facing Moss St, East Fremantle Community Park at 4.45pm

Book by 3 January

\$21 / \$21 member conc

CROQUET AND DINNER SS22
Julie Robertson

Friday 23 January, 4.45 - 8.30pm

Meet there. The sport of croquet involves hitting balls with a mallet through hoops embedded in a grass/turf playing court. It's also called 'the thought sport' where you try to outsmart the opponent. It involves continual movement and can be played by all ages. We will get an introduction to this tactical game at the East Fremantle Croquet Club, playing for two hours (5 - 7pm) under the tutelage of a club member. Dinner at Carnaby's Cafe will follow at 7.15pm (at own expense). Please wear flat shoes (no strong tread) or play barefoot.

Meet outside Carnaby's Café, facing Moss Street, East Fremantle Community Park at 4.45pm

Book by 10 January

\$21 / \$21 Member conc



SUMMER MUSIC @ GLASSON PARK FEATURING MARMALADE JUNCTION SS23

Thursday 22 January, 6.30 - 8pm

Bring your picnic and be entertained by Marmalade Junction, featuring Dave Johnson, Maggie Hale and Jaki Greenfeld - a folk laced, country tinged trio offering a timeless and beautiful array of songs deeply rooted in old school country/folk. Bring a picnic blanket and/or your foldup chairs.

Venue: Glasson park, next to Glyde-In, corner of George and Glyde Streets.

\$19 / \$15 Member conc

BY HAND

DRAWING FOR FUN

Mal Cunningham

4 sessions: Monday 12 & 19 and Friday 16 & 23 January, 10am - 12pm

Drawing is the basis of visual art. We will explore observational drawing and use your drawings to investigate other areas such as painting, printmaking and pastel. Beginners and more experienced students are welcome.

Things to bring: Please bring an A3 cartridge pad, sharpener, eraser and a range of pencils HB to 6B.

\$96 / Member conc \$77 / + things to bring

SS24

MIXED MEDIA COLLAGE

Kate Hannah

Saturday 17 January, 10am - 4pm

Many themes to choose from - birds, floral, landscape and more. Explore a multitude of materials to add texture, details, depth and surprises to your creation. Templates provided, and permission to go rogue! Fully guided by Kate, a local artist and creatrix, who is passionate about her community and curating connection through creativity.

\$72 / \$58 member conc / + \$65 materials

SS25

HAND STAINED DECORATIVE PAPER

Bridget Seaton

Sunday 18 January, 10am - 3pm

Using a combination of plant rubbings and experimental ink effects create free flowing patterns on lengths of Japanese Hosho paper. Keep as an artwork, use as wrapping paper or transform into collage. After lunch we will create playful cut paper collages of plant forms using a small sample of what we created earlier.

\$60 / \$48 member conc / + \$15 materials

SS26

JAPANESE AND CHINESE BRUSH PAINTING

Jane Lidbetter

2 Thursdays: 15 & 22 January, 1.30 - 4pm

Explore the beautiful art of Sumi-e Japanese brush painting and its meditative qualities as you work. Learn also about Chinese brush painting using colour and more detail depicting birds, blossoms and branches. You'll learn special brush skills and we will make up cards for you to take home.

\$60 / \$48 member conc / + \$10 materials

SS27

LANGUAGES

SPANISH FOR BEGINNERS

Ruperto Nunez

4 sessions: Tuesday 13 & 20, Thursday 15 & 22 January, 10.30am - 12.30pm

Immerse yourself in an informal, intensive intro to this beautiful melodic language.

\$96 / \$77 member conc.

SS28

LANGUAGES

SPANISH FOR FUN

Ruperto Nunez

6 sessions: Monday 12 & 19, Wednesday 14 & 21, Friday 16 & 23 January, 10.30am - 12.30pm

An immersion - informal and enjoyable, for those who have learned some Spanish.

\$144 / \$116 member conc.

SS29

CAFÉ ET CROISSANT, INTRO

Pierrette Joseph

2 sessions: Tuesday 20 & Thursday 22 January, 9.30 - 10.30am

For complete beginners, an introduction to the basics of French in a small group class, while sharing a coffee and croissant.

\$31 / \$27 member conc.

SS30

CAFÉ ET CROISSANT, ONGOING

Pierrette Joseph

2 sessions: Tuesday 20 & Thursday 22 January, 10.45am - 12.45pm

For those who are comfortable speaking in French, practise your conversation skills with Pierrette and others over a coffee and croissant.

\$55 / \$44 member conc.

SS31

INTRO TO ITALIAN

Gavin Neilson

2 Tuesdays: 13 & 20 January, 2.30 - 4.30pm

Immerse yourself in an informal, intensive intro to this beautiful melodic language.

\$48 / \$38 member conc.

SS32

ITALIAN FOR FUN

Gavin Neilson

4 sessions: Mon 12 & 19, Wed 14 & 21 January, 2.30 - 4.30pm

A 'mini-intensive' to practise and improve your Italian in January. A mix of interactive activities focusing mainly on speaking and listening, with some reading. We'll cover a range of topics from 'everyday' Italian, to aspects of culture and geography. You'll need to have a minimum of a year of weekly Italian classes experience or equivalent for this course.

\$96 / \$77 member conc.

SS33

COMPUTER & TECH

WINDOWS 11

Fay Gerhard

2 Mondays: 12 & 19 January, 2 - 3.30pm

Windows 11 looks different from earlier versions, and many familiar tools have moved to new places. Join us to explore the updated layout, learn where everything is now, and discover simple tips to use your computer more comfortably and efficiently. Bring your laptop fully charged.

\$36 / \$29 member conc.

SS34